

ERAELIYA AROMA SPA

MASSAGE OIL MENU

RELAXING BERGAMONT

The relaxing and soothing aroma of this massage oil is sedative and can assist with sleep disorders by putting you into a very comfortable restful state. It also relieves headaches, muscle pain and sprains.

ANTI-AGING LOTUS

Lotus flower is a natural wonder with its unique anti-aging, nourishing and beautifying properties. Lotus oil helps to improve skin turgor by repairing the proteins and increasing collagen cross-linking. It will leave you with flawless, glowing skin you've always wanted.

SOOTHING LEMONGRASS

Well known for its strong anti-inflammatory and antimicrobial properties, lemongrass oil offers soothing pain relief and muscular tension release. As a natural antiseptic and astringent, lemongrass is perfect for cleansing and toning the skin, making it appear fresh and smooth.

All our massage oils are made on the base of the highest quality organic unrefined coconut oil which is considered to be perfect for massage due to its unique properties:

It penetrates the skin very easily during the massage and serves well when used as a carrier oil to deliver all the amazing benefits of other herbal extracts and essential oils into the deep layers.

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It is packed with a lot of rejuvenating antioxidants that protect the skin from the sun damage, sagging, peeling and discoloration.

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It is the natural saturated fat with deep moisturizing properties, ideal for treating conditions such as dry, itchy or cracking skin.

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Lauric fatty acid, predominantly found in coconut oil, has proven antibacterial, antiviral, antifungal and anti-inflammatory benefits.

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It is rich in vitamin E and keeps your skin looking young, healthy and radiant..

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CLASSIC MASSAGES

Tranquillity Aroma Massage

With healing essential oils and aromatherapy

(60 minutes) **9000** / **12500** (90 minutes)

Restorative Swedish Massage

For full body total balance and wellbeing

(60 minutes) **9000** / **12500** (90 minutes)

Stress Release Massage

Ease the tension in the neck, shoulders and back

- 8000 -

(45 minutes)

Essential Head & Neck Massage

Combination of massage and hot oil scalp treatment

(30 minutes) **4500** / **7000** (45 minutes)

Foot Massage & Reflexology

Ancient therapy for health and vital energy

(45 minutes) **7000** / **9000** (60 minutes)

Reservation required | Subject to availability | Cancellation policies apply
All prices are in Sri Lankan rupees | Inclusive of all taxes and service charge

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SIGNATURE MASSAGES

Immunity Booster Massage

Lymphatic drainage for detox and protection

(60 minutes) **10500** / **14500** (90 minutes)

Sculpting & Firming Massage

Anti-cellulite treatment for visible effect

(60 minutes) **10500** / **14500** (90 minutes)

Remedial Deep Tissue Massage

Relieve muscle knots, pain and aches

(60 minutes) **10500** / **14500** (90 minutes)

HOLISTIC TREATMENTS

Revitalizing Body Scrub

Deep nourishment with unique home-made blends

- 9500 -
(60 minutes)

Rejuvenating Ayurvedic Facial

Gentle exfoliation and organic pack for healthy glowing skin

- 7500 -
(45 minutes)

At Eraeliya Spa we only use natural ingredients from local produce and seasonal harvests, enriched with vitamins and amazing health and skin benefits.

To prepare our scrubs and face packs we use:

Coconut, cinnamon, turmeric, sandalwood, Ceylon tea and coffee, brown sugar, sea salt, curd, aloe vera, lotus, ripe seasonal fruits, plants and grains.

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